



## Gross Motor Skills 36-48 Months

Child's Name: \_\_\_\_\_ Classroom: \_\_\_\_\_

Fall    Spring

- \_\_\_    \_\_\_ Hops on one foot one time
- \_\_\_    \_\_\_ Kicks a stationary ball
- \_\_\_    \_\_\_ Walks on tiptoes ten feet
- \_\_\_    \_\_\_ Throws a playground ball underhand to an adult
- \_\_\_    \_\_\_ Jumps a distance of ten inches
- \_\_\_    \_\_\_ Gallops forward ten feet
- \_\_\_    \_\_\_ Avoids obstacles in path while running

Fall Observer: \_\_\_\_\_ Date: \_\_\_\_\_

Spring Observer: \_\_\_\_\_ Date: \_\_\_\_\_



## Gross Motor Skills 48-60 Months

Child's Name: \_\_\_\_\_ Classroom: \_\_\_\_\_

Fall    Spring

- \_\_\_    \_\_\_ Skips five to ten seconds
- \_\_\_    \_\_\_ Jumps up eight to ten inches
- \_\_\_    \_\_\_ Hops on preferred foot for a distance of two feet
- \_\_\_    \_\_\_ Throws a ball approximately twelve feet
- \_\_\_    \_\_\_ Catches a playground ball with both hands
- \_\_\_    \_\_\_ Bounces a ball two times and then catches it
- \_\_\_    \_\_\_ Walks on a low balance beam independently

Fall Observer: \_\_\_\_\_ Date: \_\_\_\_\_

Spring Observer: \_\_\_\_\_ Date: \_\_\_\_\_